

"Making A Difference Daily!"



Serving adults with intellectual and developmental disabilities since 1973

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NAPD's Adult Day Programs provide structure and a creative learning environment for adults aged 18+.

Our goal is to empower each client to realize their greatest potential. Programs are designed as a guide to place clients with similar living skills and social development needs together to aid each other. Programming hours are generally 9:00 am-2:30 pm



Center for Creative Achievements - CCA

CCA is a fun, active, social day program for adults 18+. We teach and encourage self-advocacy through our program's person-centered approach, helping clients create and achieve goals based on their individual needs and interests. We highlight the strengths and unique abilities of each individual, encouraging independence and creative expression for all. CCA offers a variety of motivating activities including yoga, arts & crafts, PenPals, music, health, hygiene, personal development, cooking and much more.

CCA maintains a staff:client ration of 1:6.



Adult Enrichment Center - AEC

Our Adult Enrichment Center provides quality caring and compassionate services to adults with disabilities. AEC engages our clients with activities that foster creative learning environments, stimulating active movement (MOVE) program, and community outings. This program primarily focuses on assisting clients with their day to day needs such as: Activities of Daily Living, communication skills, critical living skills as well as partaking in music, yoga, arts & crafts, sensory stimulation and our MOVE Program.

AEC maintains a staff:client ratio of 1:3.

NAPD's Community Day Programs spend approx 70% of each day out in the community at large exploring and learning under full supervision.



Community Day Program - CDP

CDP seizes the opportunity to teach, learn and grow while on community outings. We engage our clients with services such as good hygiene, money management and interaction in social settings. CDP clients get to experience and attend events that they may not have otherwise had the opportunity to. CDP clients make fun memories with their peers and staff having fun learning while exploring our beautiful community. CDP's basic programming hours are 9:00am-2:30pm
CDP maintains a staff:client ration of 1:3.



Socialization Enrichment & Educational Development for Young Adults - SYA

SYA provides a safe, comfortable and stimulating environment where adults ages 18-22 can learn socialization skills to help with the essential activities of daily living. Educational & socialization skills are enhanced through a wide variety of environmental experiences such as activities, outings, nature hikes, group discussions, volunteering and participating in local community events. SYA's basic programming hours are 2:00pm-5:30pm
SYA maintains a staff:client ration of 1:5.



Mobility Opportunities Via Education/Experience - MOVE

NAPD utilizes the MOVE philosophy throughout all of our Programs.

MOVE is an individualized activity-based process using motivational activities to help the individual improve the mobility skills of sitting, standing, walking and transitioning leading to improved health, independence, dignity and increased inclusion for the client.

MOVE is more than a Program, it is a way of life!



Adventures in Learning Opportunities & Healthy Activities - ALOHA

Aloha means both "Hello" and "Goodbye". That sums up NAPD's ALOHA Program perfectly. ALOHA is meant to fill the need for early morning and/or late afternoon supervision due to transportation-related issues. ALOHA provides a safe, comfortable & stimulating environment where our Clients can gather both prior to and/or at the end of their day program. All ALOHA Clients will enjoy a healthy, nutritious breakfast to begin their day and/or a healthy snack to end their day.



NAPD Work Program

For those clients interested in full or part-time employment, NAPD offers a complete vocational training and placement program. This person-centered program focuses on placing clients in jobs THEY want to be in and provide training and support to ensure their success.



NAPD Meal Program = FREE!

In conjunction with the USDA, NAPD is proud to offer free meals every day! Breakfast, lunch and a snack are part of our everyday offerings. All meals follow the USDA guidelines and offer a nutritious balanced diet for all clients.

Did we mention it is FREE!



Dances, Events, Sports, Outings & More

NAPD offers a variety of social and recreational activities to supplement our core Programs. All events are highly organized & supervised.

Dances

NAPD puts on several dances each year. Each dance has a theme; Valentine's Day, Cinco de Mayo, Halloween, New Years, etc. Dances include a themed dinner, free photo booth and entertainment by a live band or DJ.

Events

NAPD puts on events each year that involve as many clients as wish to participate. "Winter Wonderland" in December is one that families & providers are welcome to attend.



Sports

NAPD fields multiple coed softball and basketball teams in Adaptive Sports Leagues.

Outings

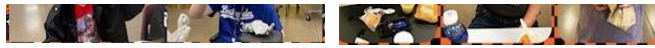
NAPD offers a blend of seasonal activities year-round; visits to local icons like CALM, Wind Wolves Preserve, Kern County Museum, Murray & Banducci Farms, Condor games, etc.



...and More!

NAPD participates in many community activities. We march in the City of Bakersfield Christmas Parade every year, participate in Keep Bakersfield Beautiful cleanups, etc.

Hours are 7:00am - 9:00am and 3:00pm - 4:30pm.



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